

# DIOCESAN MIDDLE SCHOOL ATHLETIC ASSOCIATION VOLLEYBALL LEAGUE REGULATIONS

## THE SEASON

1. League games will begin September 9, 2018. Teams will play Monday, Thursday or Saturday matches.

## THE PLAYERS/TEAMS

1. Age – Any student who reaches his/her fifteenth birthday before September 1, will not be eligible for the eighth grade or below. Any student who reaches his/her fourteenth birthday before September 1 will not be eligible for seventh grade or below. Any student who reaches his/her thirteenth birthday before September 1 will not be eligible for sixth grade or below.
2. Each school may enter an unlimited number of teams to play at the 6<sup>th</sup>, 7<sup>th</sup>, or 8<sup>th</sup> grade level. **Fifth grade students** shall be allowed to play at the sixth grade level; however fifth grade students cannot exceed the number of sixth grade students on the team.
3. No student will be allowed to play up more than **one grade level**.
4. Teams from non-member schools must have a team in each grade to participate.
5. If more than one team within a grade is necessary, it is expected that the teams be BALANCED according to DMSAA Rules Governing Athletics (RULE VI A Duties and Responsibilities: Schools and Coaches).
6. Teams may be formed by combining schools when individual schools have an inadequate number of eligible players; however, such combined teams will not be allowed to recruit other than school members. Refer to procedures for this migration under RULE V; MIGRATION AND STUDENT ROSTERS in the Rules Governing Athletics.
7. Schools with an insufficient number of players to form a team in a particular grade may petition the Advisory Council and League Coordinator for players to play in a grade division lower than their present grade.
8. Team entries and rosters should be mailed or faxed to the registrar listed below by August 28, 2017:

Ms. Katie Blum  
1717 S. 75<sup>th</sup> E. Ave  
Tulsa, OK 74112  
kblum@spxtulsa.org

9. Roster Changes after the above deadline must be approved by the League Coordinator. A team will not be allowed to play a game without a complete roster on file with the registrar. Transfer students may be added to the roster during the season if written notification by the school principal is submitted to the DMSAA chairperson.
10. Entry fees and fees for officials should be paid as soon as possible. Please make checks payable to “DMSAA” and send to Katie Blum (address above).

## Play Rules

1. Each player must have a number on the back of the uniform shirt.
2. Each team will provide an adult (over the age of 18) linesman for their matches. The home team is also required to provide a scorekeeper. The guest team shall monitor the scoreboard.
3. Lineups are due at the score table ten (10) minutes prior to the match.
4. Warm-up will begin ten (10) minutes prior to game time.
5. All league matches will begin with an opening prayer of choice by the “Home” team. This prayer will include all coaches and players as they gather in a circle at center court, and should commence 2-3 minutes before the scheduled start of the match.
6. Federation of High School Rules of Play and Conduct shall be in effect, including libero player – (effective 2007) with the following exceptions:
  - a. All eligible 6<sup>th</sup> grade players shall play one (1) full game of every match. All eligible 7<sup>th</sup> and 8<sup>th</sup> grade players must play the equivalent of one (1) full game of every match and serve at least once in every match. **If this rule is violated, the match will be forfeited and the coach suspended for one (1) match. Coaches should ensure that each athlete plays in every contest if the athlete attends practice sessions as stipulated by the coach, demonstrates cooperation with the coach and program and demonstrates conduct and character that is in good standing with the school they are representing.**
  - b. Five (5) players shall be considered a legal lineup to begin a match, but a team cannot continue to play with fewer than five (5) players.
  - c. Sixth grade teams:
    - i. If the server’s first serve is overhand and is not a legal serve, then a second serve will be allowed. The second serve may be overhand or underhand. This rule applies each time a rotation has occurred and a new player is serving.
    - ii. 6<sup>th</sup> grade will play with volley lites with a 6-foot step-in. After 3 legal serves they must move back to regular service line.
  - d. All matches will consist of three (3) sets. Each set counts as a point.
7. If a sixth grade player plays on a seventh grade team, the 6<sup>th</sup> grade player may serve with the 6-foot step-in. Rule 7-C 1 and 2 will apply. In all other aspects the sixth grader must play as a seventh grader.
8. Rally scoring will be used for the 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade league. The all three games will be played to 25, but will begin at 4-4 with a 30 point cap including the third game. In rally scoring, a point is awarded to one of the teams every time the ball is put into play.
9. Boys’ teams will play with the same rules as their grade level dictates, according to the above rules. The entry fee and referee fee will be the same as the girls’ teams.
10. Any team that forfeits a game by not showing up at the scheduled time will be fined \$50 in addition to the \$25 officials’ fee (total \$75). This does not apply to a team who comes to play, but does not have a legal line-up.
11. **Winning teams shall call in or e-mail the score within forty-eight (48) hours of the match to the appointed recorder listed below or be subject to forfeiture of that game:**

**Cathie Kinnaman, 918- 855-3768 or [cathiekinn@att.net](mailto:cathiekinn@att.net) (e-mail or text is preferred)  
Please state team, grade, school and how many sets were won.**
12. The maximum number of contest per season for school-sponsored teams will be fourteen (14) games and three (3) tournaments. This includes all contests (league and non-league, pre-league and post-league) applicable to a team. After notification to the principal, schools that play more than the maximum amount of games or tournaments will be subject to becoming non-member schools.

## **Coaches and Facilities**

1. All coaches and assistant coaches must meet the requirements of the DMSAA and the school they represent.
2. All coaches and assistant coaches must attend the DMSAA-sponsored volleyball coaches' clinic on August 24, 2016 and must be currently trained in CPR.
3. Coaches of the home team are responsible to provide an official scorebook or score sheet for the game.
4. Under no circumstances may a coach change their game schedule. The League Coordinator must make all game schedule changes.
5. All DMSAA schools that have facilities must provide a minimum of six (6) game slots per team entered in the league. All non-DMSAA school entering the league must provide a minimum of eight (8) game slots per team entered in the league.